Usdaw Supporting Parents and Carers

Unpaid carers make a huge contribution to the NHS, to society as a whole and to the people they care for.

But the cost of living crisis is putting carers' already stretched incomes under even greater pressure, putting many at risk of financial hardship.

Millions of people in the UK juggle their unpaid caring responsibilities with paid work. Balancing work and care can be a real struggle – with many carers saying they are tired, stressed, worried about money and struggling to manage their own physical and mental health. They urgently need more support to ensure they can remain in work.





Supporting Parents and Carers Spotlight Day

26 June 2024

#StandUpForCarers



Usdaw is campaigning for a better deal for unpaid carers, including:



- Ending poverty amongst carers by pushing for policies that adequately value and support unpaid carers.
- Reforming the benefits system to better support carers financially in the short and long term.
- The introduction of paid leave for carers.

For more information about the campaign visit www.usdaw.org.uk/spc



I support Usdaw's campaign for a better deal for unpaid carers.

Name:				
Address:				
	Postcode:			
email:				
Mobile:				
Are you a member of Usdaw?	Yes		No	
Please complete, detach and write FREEPOST	USDAW I	By comple	ting this	you agree

The data you are providing us will be used for statistical purposes in supporting our campaign as well as updating any contact details held on your membership record (if you are an Usdaw member). This is in up rust of the Union's legitimate activities stated in the Objects in the Rule Book and in order to fulfil our contractual obligations to you as a member. This processing involves your personal data and special personal data. The data that we collect about you here will be stored securely. The response will be retained for the duration of the campaign and the membership record will be retained for the duration of your membership plus 20 years in line with our membership record retention schedule. For further information visit www.usdaw.org.uk/privacy

#StandUpForCarers



to be contacted by Usdaw.







on an envelope and put it in the post.